

Questions to Consider—With the Master on the Mount—Lesson 3—Matthew
5:13-16—The Christian's Impact on the World

1. (a) Read Matthew 5:13-16. Why do you think Jesus uses the example of believers being salt and light after giving the beatitudes in the previous verses? (b) What comes to your mind when you hear the words salt and light? (c) Why do you think Jesus uses these two words to describe what His children should look like?
2. Memorize Matthew 5:16.
3. In what ways can we be salt and light according to Romans 13:11-14; Philippians 2:14, 15; Colossians 4:6 and 1 Thessalonians 5:5-10?
4. (a) Jesus tells us that we are the light of the world. Paul tells believers to walk as children of light in Ephesians 5:8. Read Ephesians chapter 5 and write down all the ways God's children should be shining forth as lights to a dark world. (b) Are you shining forth in these ways?
5. (a) In what ways do you see Christians today being salt and light? (b) In what ways are we failing to be salt and light? (c) In what ways should we as women be showing forth our good works so that we are salt and light according to Proverbs 31, Titus 2:2-5; 1 Timothy 2:8-15 and 1 Timothy 5:9,10?
6. (a) This week try to eat a certain food with salt and then without salt. Which one tastes better and why? (b) How does this illustrate to you the importance of being salt in the world? (c) Secondly, find a place in your home or elsewhere that is completely dark. Allow yourself a few minutes in that darkness, and then turn on a light (flashlight, cell phone, etc.). How does this illustration help you better understand what Jesus said about us being the light of the world?
7. How have you been impacted by this lesson? What changes will you make by God's grace to be more salty and shiny? Please write a prayer to God asking for His help!